

## 2018 Monash Evaluation Report

### Excerpts

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#### Program Impacts

Teachers overwhelmingly believed that the Kids Hope (KH) program was having a positive impact on the health and wellbeing of the child with 95% of teachers indicating that they either strongly agreed or agreed with this statement and 99.5% of teachers saying they would recommend KH for other students.

**The child enjoys being with the mentor**  
**Almost all of the teachers (97%) strongly agreed or agreed that the child looked forward to meeting with their mentor each week and repeatedly talked about their sense of anticipation.**

"The KH program has been fantastic for my student. They have continued to build a wonderful relationship together and my student eagerly awaits the session each week." – Teacher

"The excitement of having someone special coming to visit him makes his week. I know that he will never miss a Thursday at school because he cherishes the time they spend together." – Teacher

#### Emotional Wellbeing

**86% of teachers strongly agreed or agreed that KH had improved the self-esteem and confidence of the child.**

"He has gained more confidence. He read a poem in front of his whole class. This was a great step forward for him." – Mentor

"He has had a very sad home life and this mentoring program has helped his confidence and self-esteem." – Teacher

The majority of teachers (75%) agreed that KH had improved the child's ability to demonstrate resilience when facing challenges at school, with several discussing the development of these skills.

"The student is more resilient – he accepts challenges and has made strong friendships." – Teacher

#### Social Wellbeing

**Many mentors described improvements in the child's ability to engage in positive interactions with 82% either strongly agreeing or agreeing that they had seen progress in this area.**

"The KH program has encouraged the student to ask questions confidently and interact with other students and teachers with ease." – Teacher

"The student involved in the program has built a positive relationship with his mentor. This has developed his confidence and resulted in his ability to create positive relationships with students in his year." – Teacher

#### Impacts on Child Behaviour

**74% of teachers agreed or strongly agreed that the behaviour of the child had improved over the course of the program and several made comments about their behaviour.**

"He is now confident in communicating his concerns or when he is becoming anxious before letting his action take control (in the) classroom setting." – Teacher

#### The Child Experiences Success

**Another key impact of the KH program was that of the child experiencing success.**

Research into resilience in young people notes the importance of opportunities for success as a key protective factor.

Teachers and mentors both mentioned the pride children expressed in the tasks they were able to accomplish with their mentor:

"(He's) proud of what he achieves with his mentor." – Teacher

#### Teachers' Experiences of the Program

**Teachers reported the following observations and experiences of the Kids Hope program:**

- 98% of teachers surveyed either 'strongly agreed' or 'agreed' that students looked forward to meeting with their mentor each week.

- 94% of teachers surveyed either 'strongly agreed' or 'agreed' that the student would benefit from participating in the KH program next year.

- 99% of teachers surveyed indicated that they would recommend the KH program for other students.
- 97% of teachers surveyed either 'strongly agreed' or 'agreed' that the KH program is easily implemented into the school setting.

- 96% of teachers surveyed either 'strongly agreed' or 'agreed' that they felt supported by the KH volunteers, including the coordinator and mentor.
- 97% of teachers indicated that they believed the Kids Hope program had a positive impact on the health and wellbeing of the mentored student.

## Quotes from Key Stakeholders



We are completely indebted to the church for the fantastic mentoring program (Kids Hope) which has given so many children opportunities for recognition and friendship that would not normally be possible for a school to give. This program is the envy of every Primary school in this State and I have not come across a mentoring program in all the schools in which I have been Principal (approx. 11) that comes anywhere near the efficiency and professional outreach of KH—Thank you from the entire school community for your HUGE impact on our whole structure. – Principal, WA



Thank you! Thanks for helping me when I was sad or going through a tough time. I have had a lot of fun hanging out with you – kicking a footy, throwing balls and frisbees and playing tennis. Thanks for helping me with my Times Tables and maths. Thanks for helping me cope with life and I still can't believe we have been seeing each other since year 2. I had a great time with you these past few years.  
– Child, NSW



The mentor has worked wonders on my student, and he has now developed a strong positive attitude towards his behaviour, both at home and within the classroom, has greatly improved...He is now a changed little boy! – Teacher, VIC



**The full 2018 Monash Evaluation Report is available on request on 03 9780 4823.**

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