

Dose of Hope



Thanks to the incredible work of our Kids Hope volunteers we get to share stories of hope and transformation in the lives of our mentor children. Get this month's Dose of Hope here.

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November 2022

Hi Lou,

We are heading down the home straight of another big year. Well done to you, our wonderful Kids Hope family for all that you are, and for all that you do in the name of ♥. Let's celebrate all that ♥ in this month's Dose of Hope.

I ♥ JAN



After this little story, you'll ♥ Jan too!

"One day I was tired and had a very full few weeks. I was in the car wondering if I could keep this up, and what needed to change or go in my life to make it less full. I wondered if Kids Hope was one of these things. That morning, my mentored child decided he wanted to do some painting - a new choice he made.

I was painting his name on some paper for his bedroom door. He decided to do the same for me. He then wrote at the top of the page, 'I ♥ Jan' and at the bottom, 'Thanks Kids Hope.' This was exactly what I needed to see that day, and the confirmation for me to keep coming each week. So I am."

Jan, Mentor, VIC

WE ♥ YOU TOO JAN!!

SAVED FROM DRUGS



Just like Jan, Doug made a big difference in the life of his Mentor child. So much so, that his future was completely flipped on its head.

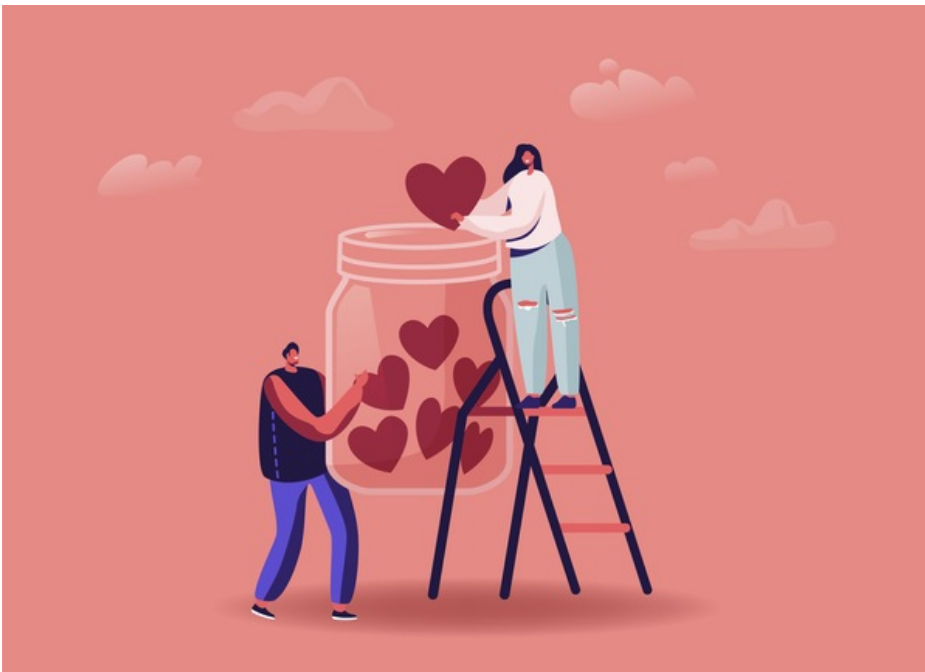
Anthony, a year 6 boy didn't have much hope. His father and grandfather were well-known for being drug leaders in their local community and it seemed Anthony's career path was already mapped out him.

By year 6, the school recognised he desperately needed a positive influence in his life. So, they reached out to their Kids Hope church and asked for another Mentor. In stepped Doug! With only 6 months left in the school year he made some excellent relational impact. So much so that he was requested to continue the relationship into high school.

Years later, Doug ran into Anthony's mum. She was so proud! Anthony at nineteen had just bought his first house and was enjoying his work - concreting! And not a drug in sight.

What a wonderful story of the transformational power one mentor can have on a vulnerable child in just one hour a week. Thank you Doug for your kindness and generosity. It has made such a difference!

CHOOSE KINDNESS AND GENEROSITY



Why does November always seem so busy? Is it because we're cramming the things in that we didn't get done during the other ten months of the year? Or is it because we're planning our extraordinarily long Christmas lists? Or is it both?

What would happen if we took a moment and thought about what we're actually investing our time and resources into? What if we gave November a reboot?! Instead of busy-ness, focus on kindness. Instead of Christmas excess, being generous in other ways?

Nice idea? Too hard? Maybe?

It's World Kindness day on November 13th. The theme this year is 'Make kindness the norm'. Our Mentors make kindness the norm every week, when they turn up to their weekly mentoring session to spend quality time with a young, vulnerable child. Each week our Coordinators are generous with their time as they plan, recruit, communicate and care.

There's no doubt, rebooting take some effort. But it's worth it. Getting back to the basics, the important things, is what we humans really need. Not the busy-ness. Not the excess.

This November, plan how you can choose kindness over busy-ness. Generosity over excess.

Sincerely,
The Kids Hope Team

Active Kids Hope Coordinators & Mentors need to stay subscribed to all our communications to continue to receive important resources & information.

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