



2024 Evaluation Mentor & Teacher Results

Each year Kids Hope surveys our mentors and teachers to assess the impact of our program. We use this information for reporting and to improve our program where we see opportunities.

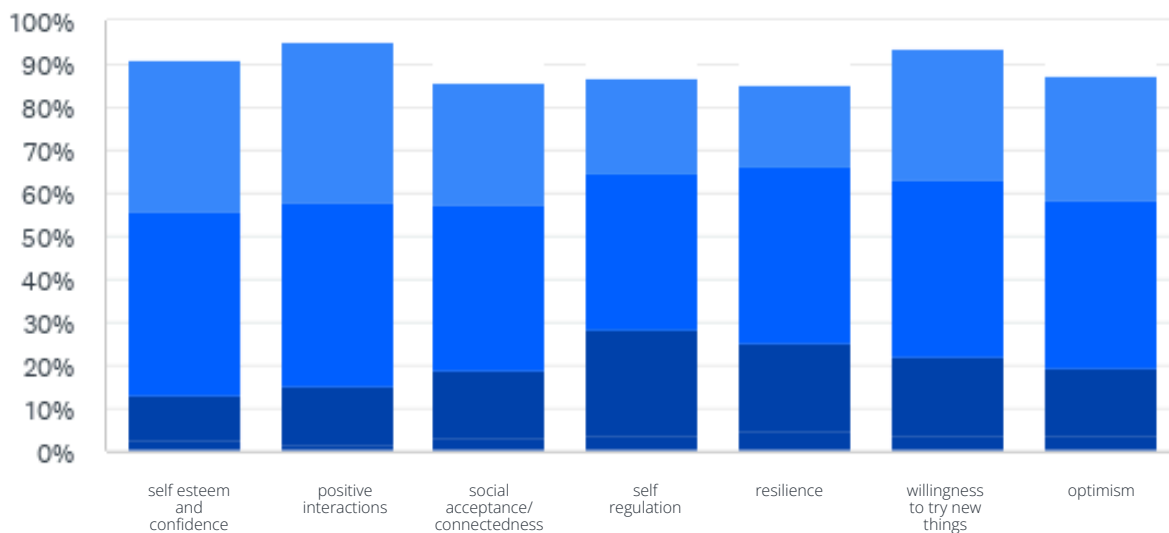
For those of you who participated in our 2024 Evaluation Survey, **thank you**. We really appreciate your feedback. For those of you who could not, there will be another opportunity in 2025. **Please find the summary of the feedback following.**

Mentor Survey Results

Overall, I believe the Kids Hope program has had a positive impact on the health and wellbeing of my mentor child.

89.9%

Since mentoring, my mentor child has made improvements in his/her



LEGEND: A big improvement Some improvement Little/no improvement

Mentor Survey Results continued

I feel that I benefit from being a Kids Hope mentor. **92.39%**

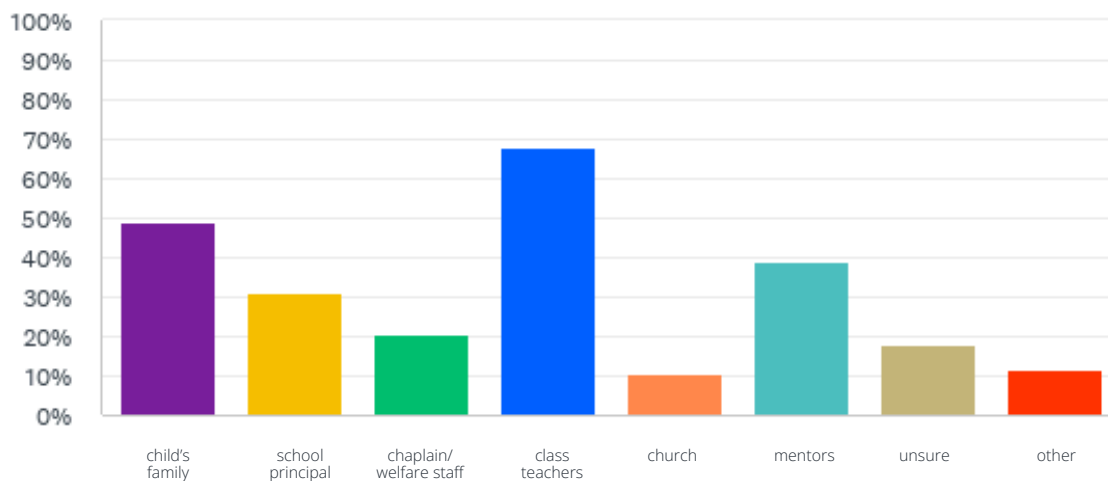
I feel supported by school staff. **93.37%**

I feel supported by church leadership. **95.36%**

I feel supported by the wider church community. **90.4%**

I have a strong, positive bond with my mentor child. **90.73%**

Who do you believe the Kids Hope program has benefited in addition to your mentor child?

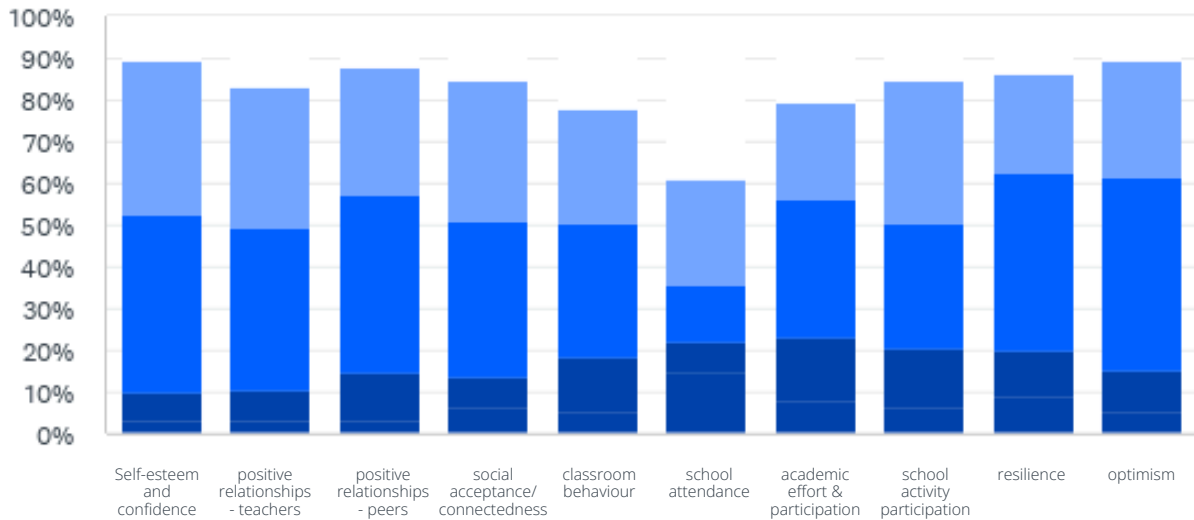


Teacher Results

I believe the Kids Hope program has had a positive impact on the health and wellbeing of the mentored student this year.

93.13%

As a result of one-to-one mentoring, I have observed improvements in the mentored student's:



LEGEND: A big improvement Some improvement Little/no improvement

The mentored student looks forward to meeting their mentor each week. **95.97%**

I believe the mentored student would benefit from participating in the Kids Hope program next year. **87.90%**

I would recommend the Kids Hope program for other students. **100%**

I believe the Kids Hope program is easily implemented into the school setting. **95.16%**

I feel supported by the Kids Hope volunteers, including the coordinator and mentor. **94.36%**

Quotes

As part of the Evaluation Survey we also ask participants to provide further feedback in the form of quotes. Here are just a few of them.

Mentor Quotes

Are there any other ways you believe the Kids Hope program has impacted the health and wellbeing of the mentor child?

The challenges in my buddy's behaviour have brought us closer. She now works through challenges with me rather than shutting down for our hour together.

It is difficult to know as I am not aware of the effects of other strategies put in place by the school and how much is her becoming comfortable with me but she seems to have come out of her shell.

Better interaction with others; he is able to manage conversations.

I can't say how the programme has affected my mentee as he is always extremely well behaved for me but apparently not at home and in school.

Having an adult male he can relate with and talk to.

For my mentor child to know that there is someone who cares for him.

Her teacher pulled me aside one day and told me my mentor child was struggling. My girl had spent the mentor hour that week sharing with me some difficulties with friendships and her living situation. In the following weeks, she seemed to bounce back and be more settled. I can't prove it, but I'd like to think, me being a safe sounding board for her, helped her deal with the situations she was facing.

Feeling of acceptance and belonging and it gives the child a sense of security and a constant in their life

Less anxious.

Mentor Quotes *continued*

Are there any other ways you believe the Kids Hope program has impacted the health and wellbeing of the mentor child? (*continued*)

Through using some exercises I've given him, I've seen some improvement in his fine motor skills.

Encouraging regular attendance at school.

Teaching her cooking skills so that she can prepare food for herself at home instead of eating junk food, and it has given her the goal of becoming a cook after she leaves school.

I'm probably one of the most stable elements of his life. He has softened in his attitude and behaviour over the past year and I think has truly come to appreciate our relationship.

Another (safe) space to be in outside of the classroom.

Helped create a sense of peace and willingness to slow down and just be joyful.

Improved self esteem, social standing in the class, happier in her self esteem.

It gave him one-to-one time to just be heard and enjoy being the center of attention for an hour.

She has coped (much better) with many changes, at home and school, which was her primary issue when I first met her in grade 2.

He is learning to control his aggression in the short time I have mentored him - going by the remarks from other teachers.

Over the time spent with the young girl I have been mentoring, I have seen her become more confident when engaging with other children. She has progressively shown a willingness to try different activities and games during our catch ups, demonstrating enjoyment and resilience as she ventures beyond her comfort zone.

Gradually chatting more, less reserved.

Wider impact on family. Positive influence.

Mentor Quotes *continued*

Are there any other ways you believe the Kids Hope program has impacted the health and wellbeing of the mentor child? (*continued*)

He's learning that he doesn't always have to win.

When I was away one week she sobbed and sobbed showing emotion for the first time - according to her teacher.

Improved concentration span, an increase of acceptance that things don't always go his way and an increase in resilience - i.e. he'll continue (not give up and storm away) if things do not go his way.

He feels a part of the Kids Hope community, he knows other children in the program and the mentors by name.

Confidence with practical (woodworking) skills.

On his teachers advice I have included life skills eg. using cash, telling time, tying shoe laces etc.

Her feelings of security in having a mentor has started to boost her self-esteem - she has commented that she feels 'special.'

I believe he looks to me as someone he can share his fears with and there are many due to constant bullying by his peers.

More capable of tackling worries and anxiety.

When playing board games he now congratulates me when I win rather than sulk. This has apparently been carried over to his playground interactions.

Improved academic skills.

Mentor Quotes *continued*

What benefits (if any) have you experienced being a Kids Hope mentor?

Keeps me young at heart!

I am gaining a whole new range of sporting skills, and therefore increased fitness.

I feel I'm making a difference in this child's life.

I better understand issues kids are facing.

Doing something for someone else, being less self focused, making an impact on a child.

Connection with someone else outside my family and regular community of friends.

Sense of purpose. I like to think I am useful to a child.

Seeing the kids happy, particularly when they are made aware of their natural giftings and the positive changes taking place within them - not to mention the joy that they give us and their teachers!

It makes me feel young again both physically and mentally when we play and share about life at school.

It challenges me in many ways. It puts me in contact with kids that I think need emotional support and safety. This grows my awareness of kids at risk in our local community. Being a mentor can be very challenging but it is fun.

I feel blessed to support my child both academically and socially.

Quality time is a wonderful gift and both mentor and child benefit from this!

I have gained a better understanding of the difficulties faced by some children and also witnessed the effectiveness of that 1 hour per week of special time for a child

My child keeps me "up-to-date" - e.g. internet games, music and musicians etc.

My skills at soccer have improved. My paper airplane construction has improved. I have learned a bit about what it's like to be a refugee.

Mentor Quotes *continued*

What benefits (if any) have you experienced being a Kids Hope mentor? (*continued*)

Mentoring has stretched me outside my comfort zone, giving me confidence to engage with different members of the school community. Building a relationship from scratch with this child has been a great way to develop skills in interacting with people who are very different from me.

Seeing my child often lifts my spirits if I'm going through a hard time or having a difficult day.

Sense of being appreciated myself.

Understanding of the Importance of parental closeness/presence with their children.

Keeps my brain active as I am challenged to provide activities for my mentee. His joy helps me feel happy too and it encourages me to keep at it.

I used to be a classroom teacher. I am happy to make use of my skills, and so far, I still have something to give. Good brain exercise too (now 75).

Being there for a vulnerable child during the ups and downs of life is a great privilege. I have very much enjoyed our growing relationship & teaching her new skills such as knitting.

The joy of seeing a sad face happy, the satisfaction of seeing an angry child relax. Dragging myself along to a session because I have had a bad day and coming home feeling blessed due to how happy the child was that I had come and we could have fun together.

Laughter!

Always brightens my week spending time with my friend.

One-to-one time is liquid gold for me

I have made more friends at church and have met many other mentors at social events.

Teacher Quotes

How has the Kids Hope program benefited your school community in addition to the mentored student this year?

Other students - in that the mentor child is improving in her social skills and behavior in the classroom.

Family of the child.

I sometimes overhear other mentors with students doing activities in the staff room, and I've seen students who start the sessions shy, leaving happy and chatty. Or they have enjoyed the opportunity to have one-to-one reading or baking time with a supportive adult. It's very positive for many students.

Teacher - support with the child's academic learning, social and emotional wellbeing and sharing information on how the child is progressing. The family is also very thankful for the support and mentorship.

The program has also benefited myself (teacher), as it is helpful to have another adult in the room to assist with my mentor child.

The family of the mentor are so appreciative and happy to have their child looked after. It has provided such a sense of relief and joy to see the happiness it brings.

Teachers - the mentors always put on a morning tea for us, check in on how we are going and update us on conversations and sessions with their mentees.

The other students get a break in the classroom from one of the high needs students when they are with Kids Hope. Both often return to class in a better mind set.

Teachers - great communication for the benefit of the child moving forward.

It has benefited the teachers as the student has a more positive attitude therefore, her participation and enthusiasm has increased in the classroom.

The teacher has benefited by having the mentor willing to do different activities that align with the classroom.

I believe the program helps to connect with families. When families can see that the school is taking steps to help with their child's welfare a trust begins to build where more explicit assistance can be implemented. The Kids Hope program is a great tool for helping the child to regulate themselves and learn from another adult.

Supports the work of the school chaplain.

The family of the student has benefitted as the student now stays longer at school on the days she is with the mentor. The other students in the class are more at ease with the student as she is calmer and less escalated on mentor days.

Kids Hope provides a supportive model to benefit child and teacher.